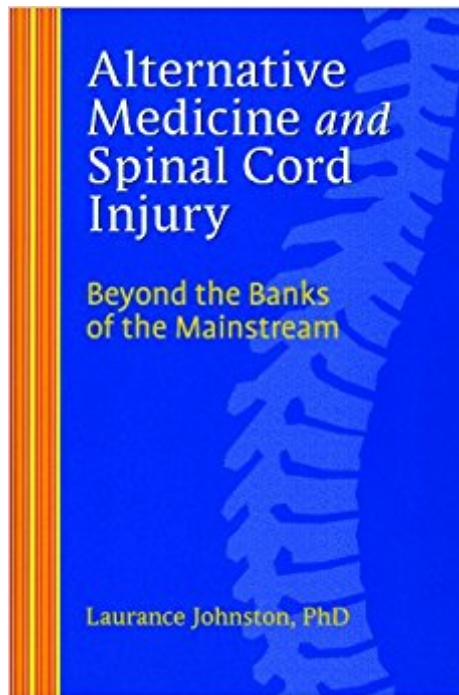


The book was found

# Alternative Medicine And Spinal Cord Injury



## Synopsis

Studies indicate that 40% of Americans use some form of alternative medicine for individuals with long-term disabilities, learning about their options is even more critical. Written by the former director of the Spinal Cord Research and Education Foundation of the PVA, this is the first book to cover alternative therapies for spinal cord injury. From acupuncture to laser-based therapies, herbal medicine, homeopathy, craniosacral therapy, magnetic healing, and more, the book empowers readers by: Providing clear, reliable information on alternative choices to traditional health care. Equipping readers to make more informed decisions about their own health care. Tailoring information to meet the specific needs of the approximately 450,000 individuals living with a spinal cord injury. Providing healing modalities that minimize the risks that are especially relevant to people with SCI, like overmedication, hospitalization, and life-threatening infections. For those who have been forced to rely on the advice of the traditional medical specialist for their health care, this book opens a broad array of holistic options. It is essential for anyone suffering from a spinal cord injury, their families, friends, caregivers, and health-care providers."

## Book Information

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## Customer Reviews

"The book covers a wide range of complementary and alternative treatments that can be used in the care of persons with spinal cord injury...This is a good consumer-oriented book....which pulls together a lot of disparate information and provides an organized approach not covered in other books." --Doody's Reviews (Doody's Reviews 20100503)

Laurance Johnston obtained his doctorate in biochemistry and molecular biology from Northwestern University (Evanston, IL). He became a regulatory scientist at the U.S. Food and Drug Administration and later Director, Division of Scientific Review, National Institute of Child Health and Human Development, National Institutes of Health (NIH). After leaving NIH, he assumed the directorship of the Spinal Cord Research and Education Foundations, Paralyzed Veterans of America (PVA). Supported by PVA, Dr. Johnston currently researches and writes about various alternative, complementary, or innovative therapies that expand the healing spectrum of people with spinal cord injury. He has been invited to speak at national and international meetings and is listed in Who's Who in America.

I was not expecting the unbiased, extensive and well researched information this book offers. When I first received it, I put it aside until about a month later and then decided to check it out. I was very surprised. It is a good reference book for everyone who has interest in alternative methods regarding maintaining good health or correcting health problems. I purchased it because a family member deals with paralysis but found that everyone can benefit from the information it offers.

This book was well received and appreciated by my husband. His only son is a paraplegic and this book gave him some alternatives to regular medicine.

I am an RN who works in a long term facility. Recently, we have had several young patients who have suffered spinal cord injuries. As a nurse, my job is also to give unbiased information to patients. I purchased this book to become better informed of alternative treatments that I may discuss with these patients. I found it incredibly useful and informative-- especially when the medical community says "there is nothing else you can do". There are many other treatment alternatives. There is no cure, but if I can help steer someone towards relieving some painful symptoms, then I have done my job. Written well enough, that I, in fact, have given it to several patients and their family members to read as well.

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